

# 2005 NJCAA Indoor Track & Results



\*=Non-scoring

Software by EZ T&F...1-800-PETE-MAC

3/5@4:57 PM

## Men's Pentathlon

1	Dermillo Wise (So), Cloud County	3412
2	Isaac Combs (Fr), Cloud County	3364
3	Kyle Roberts (Fr), Hutchinson	3303
4	Jamie Alexander (Fr), Hutchinson	3219
4	David Morrow (Fr), Mesa	3219
6	Thomas Ross (Fr), Barton County	3216
7	Brett Cheney (Fr), Highland CC	3184
8	Derrick Ray (So), Barton County	3129
9	Ty Stinson (Fr), Vincennes	3054
10	Collis Newbill (Fr), Glendale CC	3052
11	Greg Farley (Fr), SUNY Cobleskill	3001
12	Robert Johnson (So), Mesa	2985
13	Cameron Traxson (Fr), Cowley College	2225
	Azim Smith (So), Barton County	
	Matt Kolarik (So), Hutchinson	
	Gentell Sykes (So), Vincennes	

## Men's 35lb Weight Throw

1	Shawn Best (So), Mesa	55'04.25" (16.87m)
2	Caleb Garvin (Fr), Cloud County	53'01.50" (16.19m)
3	Courtney Haywood (Fr), Rend Lake	53'01.00" (16.18m)
4	Ben Kirkpatrick (So), Rend Lake	50'08.25" (15.45m)
5	Scott Rosenfield (So), Mesa	50'05.25" (15.37m)
6	Caleb Svaty (Fr), Hutchinson	49'05.75" (15.08m)
7	Kyle Ogden (So), Rend Lake	49'03.50" (15.02m)
8	Glenwood Edwards (So), Barton County	48'06.00" (14.78m)
9	Joe Mason (So), Alfred State	48'00.75" (14.65m)
10	Daren Moser (So), Hutchinson	45'10.00" (13.97m)
11	Fabian Morgan (Fr), Barton County	45'10.00" (13.97m)
12	Alex McKinney (Fr), Neosho County CC	45'01.75" (13.76m)
13	Dan Stiers (So), Cowley College	44'11.50" (13.70m)
14	Blake Lindbloom (Fr), Neosho County CC	43'06.00" (13.26m)
15	Steven Mathias (So), Hutchinson	43'01.75" (13.15m)
16	Brett Kleppter (So), Butler County	39'06.00" (12.04m)
17	Nick Miller (Fr), Iowa Central CC	38'06.00" (11.73m)

## Men's Pole Vault

1	Kyle Dennis (Fr), Johnson County	16'00.75" (4.90m)
2	Tod Rodenbaugh (Fr), Paradise Valley	16'00.75" (4.90m)
3	Adam Ergenbright (Fr), Johnson County	15'07.00" (4.75m)
4	Jake Williams (Fr), Johnson County	15'01.00" (4.60m)
4	Benny Lopez (Fr), Vincennes	15'01.00" (4.60m)
6	Lucas Harrington (So), Paradise Valley	14'07.25" (4.45m)
7	Logan Carton (Fr), Mesa	14'07.25" (4.45m)
	Bryan McBride (Fr), Paradise Valley	
	Doyle Davis (So), Mesa	
	Cameron Traxson (Fr), Cowley College	
	Michael Koning (Fr), Vincennes	

## Men's Shot Put

1	Shawn Best (So), Mesa	56'06.50" (17.23m)
2	Brian Baker (So), Cowley College	54'10.25" (16.72m)
3	Glenwood Edwards (So), Barton County	54'03.25" (16.54m)
4	Fabian Morgan (Fr), Barton County	51'07.00" (15.72m)
5	Sterling White (So), Paradise Valley	50'06.25" (15.40m)
6	Courtney Haywood (Fr), Rend Lake	49'03.50" (15.02m)
7	Caleb Garvin (Fr), Cloud County	49'01.75" (14.98m)
8	Zack Patterson (So), Hutchinson	48'08.75" (14.85m)
9	Edward Collins (Fr), Rend Lake	48'00.00" (14.63m)
10	Brian Korn (Fr), Paradise Valley	47'11.25" (14.61m)
11	Nathan Jonovich (Fr), Mesa	47'06.50" (14.49m)
12	Daren Moser (So), Hutchinson	46'02.00" (14.07m)
13	Joe Mason (So), Alfred State	44'09.50" (13.65m)
14	Jesse Ocoback (Fr), Coffeyville	42'11.75" (13.10m)
15	Matt Selling (Fr), Iowa Central CC	42'05.50" (12.94m)
16	Alex McKinney (Fr), Neosho County CC	39'07.25" (12.07m)

**Men's Long Jump**

1	Titus Ryan (So), Wallace State	25'07.50" (7.81m)
2	Rafaell Thompson (So), Paradise Valley	23'10.75" (7.28m)
3	Dermillo Wise (So), Cloud County	23'10.25" (7.27m)
4	Ollie Levine (Fr), Cowley College	23'10.00" (7.26m)
5	Robert Franklin (So), Hutchinson	23'08.00" (7.21m)
6	brian davenport (Fr), SW Christian	23'05.50" (7.15m)
7	Bernard Thomas (Fr), Hutchinson	23'05.50" (7.15m)
8	Clarence Spratt (Fr), Hinds CC	23'04.50" (7.12m)
9	Thomas Ross (Fr), Barton County	23'04.50" (7.12m)
10	David Walker (So), Barton County	23'03.50" (7.10m)
11	Frankie Wright (So), Barton County	23'01.25" (7.04m)
12	Billy Keyes (So), Glendale CC	22'07.75" (6.90m)
13	Kedrick Gibbons (Fr), Hinds CC	22'07.00" (6.88m)
14	Randolph Bryant (So), Wallace State	22'07.00" (6.88m)
15	Robert Keizer (So), SUNY Cobleskill	22'03.00" (6.78m)
16	Brandon Brown (Fr), Wallace State	22'02.25" (6.76m)
17	Travis Vice (So), Danville	22'01.50" (6.74m)
18	Michael Benitez (Fr), Rend Lake	21'11.50" (6.69m)
19	Ashton Winchel (Fr), Iowa Central CC	21'08.00" (6.60m)
20	Carldon Murray (Fr), Bronx CC	21'02.00" (6.45m)
21	John Xavier (Fr), Bronx CC	21'02.00" (6.45m)
	Issac Combs (Fr), Cloud County	
	Shawn Floyd (Fr), Vincennes	
	Genttell Sykes (So), Vincennes	
	John Bryant, Flo Valley	

**Men's Triple Jump**

1	Clint Fields (So), Glendale CC	50'09.50" (15.48m)
2	Michael Benitez (Fr), Rend Lake	50'02.50" (15.30m)
3	Frankie Wright (So), Barton County	50'02.00" (15.29m)
4	Rafaell Thompson (So), Paradise Valley	49'05.50" (15.07m)
5	Ron Robert (So), Rend Lake	49'00.75" (14.95m)
6	Al Winsley (Fr), Hinds CC	49'00.75" (14.95m)
7	Marcus Lee (Fr), Barton County	47'10.50" (14.59m)
8	Corey McCoy (So), Cowley College	47'03.00" (14.40m)
9	Rodney Blue (Fr), Iowa Central CC	46'10.75" (14.29m)
10	Will Henderson (So), Rend Lake	46'01.25" (14.05m)
11	Jamal Phelps (So), Paradise Valley	45'09.25" (13.95m)
12	Brandon Brown (Fr), Wallace State	45'08.00" (13.92m)
13	John Bryant, Flo Valley	45'06.25" (13.87m)
14	Randolph Bryant (So), Wallace State	45'05.75" (13.86m)
15	Robert Keizer (So), SUNY Cobleskill	45'01.00" (13.74m)
16	Warith Fennoy, Flo Valley	43'11.25" (13.39m)
17	Dermillo Wise (So), Cloud County	42'11.50" (13.09m)
18	Devin Wilson (Fr), Cloud County	42'05.50" (12.94m)
19	Kyle Riddle (Fr), Iowa Central CC	41'08.75" (12.72m)
	David Walker (So), Barton County	
	Ubaldo Colon (So), Queensborough CC	

**Men's High Jump**

1	Rafaell Thompson (So), Paradise Valley	6'10.25" (2.09m)
2	Kyle Riddle (Fr), Iowa Central CC	6'08.25" (2.04m)
3	Al Winsley (Fr), Hinds CC	6'08.25" (2.04m)
4	Robert Heyward (Fr), Cloud County	6'06.25" (1.99m)
4	Clint Reed (So), Hutchinson	6'06.25" (1.99m)
6	Azim Smith (So), Barton County	6'06.25" (1.99m)
6	James Arollo (Fr), Glendale CC	6'06.25" (1.99m)
6	Rodney Blue (Fr), Iowa Central CC	6'06.25" (1.99m)
6	Joseph Dugall (Fr), Macomb	6'06.25" (1.99m)
10	Ellison Delva (Fr), Rend Lake	6'06.25" (1.99m)
10	Blane Smith (So), Lansing CC	6'06.25" (1.99m)
10	Dempsey Josinvil (Fr), Independence	6'06.25" (1.99m)
13	Reco Johnson (Fr), Hinds CC	6'06.25" (1.99m)
14	Nic Adamson (Fr), Mesa	6'06.25" (1.99m)
15	Aric Gibson (Fr), Barton County	6'04.25" (1.94m)
16	Chris Cox (Fr), Coffeyville	6'04.25" (1.94m)
17	Gem Fergeson (Fr), Rend Lake	6'04.25" (1.94m)
18	Andre Hicks (Fr), Barton County	6'04.25" (1.94m)
18	Matt Kolarik (So), Hutchinson	6'04.25" (1.94m)
	Issac Combs (Fr), Cloud County	
	Robert Orr (Fr), SUNY Delhi	
	Rod Gray (So), Hutchinson	

**Men's 60 Meter Dash Finals**

1	Trell Kimmons (Fr), Hinds CC	6.58
2	Mark Jelks (So), Kansas City KS	6.67
3	Ronnie Pines (So), Barton County	6.71
4	Ivory Williams (Fr), Butler County	6.72
5	Willie Hordge (So), Butler County	6.73
6	Lee Elbert (Fr), Iowa Central CC	6.86
7	Justin McLennan (Fr), Garden City	6.90
8	Kenny Wilson (Fr), Butler County	6.93

**Preliminary Heat 1**

1	Willie Hordge (So), Butler County	6.82
2	Titus Ryan (So), Wallace State	6.85
3	Jared Lewis (Fr), Iowa Central CC	6.86
4	Charles Howell (Fr), Rend Lake	6.92
5	Devon Brooks (So), Rend Lake	6.92
6	Ricky Bratten (So), Neosho County CC	7.00
7	Ken Parker (Fr), Erie CC	7.12

**Preliminary Heat 2**

1	Trell Kimmons (Fr), Hinds CC	6.66
2	Ivory Williams (Fr), Butler County	6.67
3	Lee Elbert (Fr), Iowa Central CC	6.83
4	robert amedee (So), SW Christian	6.91
5	Dennison Collins (Fr), Iowa Central CC	6.92
6	kendrick singleton (Fr), SW Christian	6.92
7	Bernard Thomas (Fr), Hutchinson	6.95
8	Aaron Jordan (Fr), Vincennes	7.13

**Preliminary Heat 3**

1	Mark Jelks (So), Kansas City KS	6.72
2	Justin McLennan (Fr), Garden City	6.84
3	Tim Jelks (Fr), Kansas City KS	6.87
4	Ronald Wright (So), Barton County	6.89
5	Idiato Jeremiah (Fr), Johnson County	6.89
6	Steven Wood (Fr), Glendale CC	6.97
7	Floyd Davis (Fr), Rend Lake	6.98
8	Rickey Jones (So), Erie CC	7.30

**Preliminary Heat 4**

1	Ronnie Pines (So), Barton County	6.71
2	Kenny Wilson (Fr), Butler County	6.84
3	William Hill (Fr), Barton County	6.91
4	Cardell Glover (So), Paradise Valley	7.02
5	Donial Summers (So), Hinds CC	7.02
6	Kendel Burns (Fr), Glendale CC	7.07
7	keyon russell (So), Kingsborough CC	7.13

**Men's 60 Meter Hurdles Finals**

1	Dior Lowry (So), Barton County	7.94
2	Clint Fields (So), Glendale CC	7.98
3	Azim Smith (So), Barton County	8.11
4	Karlos Kemp (Fr), Rend Lake	8.23
5	Armond Smith (Fr), Hutchinson	8.27
6	Mike Mangers (Fr), Rend Lake	8.32
7	Dermillo Wise (So), Cloud County	8.44
8	Kedrieck Gibbons (Fr), Hinds CC	8.45

**Preliminary Heat 1**

1	Dior Lowry (So), Barton County	8.06
2	Mike Mangers (Fr), Rend Lake	8.17
3	Laszlo Vandracssek (Fr), Paradise Valley	8.21
4	Devin Wilson (Fr), Cloud County	8.22
5	Mikah Antwine (So), Johnson County	8.23
6	Roy Fraction, Flo Valley	8.58
7	Ubaldo Colon (So), Queensborough CC	9.88
	Gentell Sykes (So), Vincennes	DNS

**Preliminary Heat 2**

1	Clint Fields (So), Glendale CC	8.01
2	Azim Smith (So), Barton County	8.15
3	Karlos Kemp (Fr), Rend Lake	8.17
4	Dane VanBuren (Fr), Barton County	8.20
5	Corey Blade (Fr), Vincennes	8.33
6	Micah Ruroden (Fr), Iowa Central CC	8.81
	Greg Farley (Fr), SUNY Cobleskill	DNF

**Preliminary Heat 3**

1	Kedrick Gibbons (Fr), Hinds CC	7.87
2	Dermillo Wise (So), Cloud County	8.10
3	Armond Smith (Fr), Hutchinson	8.19
4	Courtland Blade (So), Vincennes	8.19
5	Ryan Fraction, Flo Valley	8.35
6	Brandon Brown (Fr), Wallace State	8.51
	Isaac Combs (Fr), Cloud County	DNS
	Dalon Ligon (So), Danville	DNS

**Men's 200 Meter Dash Finals**

1	Ronald Wright (So), Barton County	21.54
2	Ivory Williams (Fr), Butler County	21.69
3	kendrick singleton (Fr), SW Christian	21.77
4	Neksy Metelus (Fr), Wallace State	21.84
5	Jamil Hubbard (Fr), Wallace State	22.05
6	Kenny Wilson (Fr), Butler County	22.07
7	Jermaine Barton (So), Barton County	22.22
8	Jason Craig (So), Rend Lake	22.25

**Preliminary Heat 1**

1	Jermaine Barton (So), Barton County	22.18
2	Alex Ingram (So), Cloud County	22.29
3	Terrance Ware (Fr), Cloud County	23.29

**Preliminary Heat 2**

1	Ronald Wright (So), Barton County	21.74
2	Keith Henry (So), Cowley College	22.68
3	Dennison Collins (Fr), Iowa Central CC	22.82
4	John Xavier (Fr), Bronx CC	24.10

**Preliminary Heat 3**

1	Neksy Metelus (Fr), Wallace State	21.82
2	Johnathan West (Fr), Hutchinson	22.33
3	Ricky Bratten (So), Neosho County CC	22.71
4	Chad Dormer (So), Glendale CC	23.02

**Preliminary Heat 4**

1	Ronnie Pines (So), Barton County	22.26
2	Justin McLennan (Fr), Garden City	22.67
3	London Hayes (Fr), Iowa Central CC	23.01
	keyon russell (So), Kingsborough CC	DNS

**Preliminary Heat 5**

1	Jason Craig (So), Rend Lake	21.81
2	Willie Hordge (So), Butler County	22.37
3	Charles Howell (Fr), Rend Lake	22.57
4	Ken Parker (Fr), Erie CC	23.45

**Preliminary Heat 6**

1	kendrick singleton (Fr), SW Christian	21.97
2	Kenny Wilson (Fr), Butler County	22.12
	Cedrick Phillips (Fr), Glendale CC	DNS
	Aaron Jordan (Fr), Vincennes	DQ

**Preliminary Heat 7**

1	Jamil Hubbard (Fr), Wallace State	22.21
2	Cardell Glover (So), Paradise Valley	22.43
3	Robert Reid (Fr), Queensborough CC	23.14

**Preliminary Heat 8**

1	Ivory Williams (Fr), Butler County	21.61
2	Armond Smith (Fr), Hutchinson	22.30
3	robert amedee (So), SW Christian	22.73
4	Jared Lewis (Fr), Iowa Central CC	22.81

**Preliminary Heat 5**

1	Schafer Sherrer (So), Barton County	50.41
2	Robert Reid (Fr), Queensborough CC	52.79
3	Dante Phillips (So), Rend Lake	54.24
4	Kyle Johnson (Fr), Mesa	55.02

**Preliminary Heat 6**

1	Travis Bowman (Fr), Kansas City KS	49.28
2	Anthony Flournoy (Fr), Rend Lake	50.13
3	Kyle Roberts (Fr), Hutchinson	51.61
4	Chris Johnson (Fr), Scottsdale CC	54.82

**Preliminary Heat 7**

1	William McCaskill (Fr), Butler County	49.14
2	Bedawi Gomez (Fr), Kansas City KS	49.85
3	Edward Leggett (Fr), Garden City	51.16
4	Terrance Ware (Fr), Cloud County	51.92

**Preliminary Heat 8**

1	Jason Craig (So), Rend Lake	48.68
2	Derrick Ray (So), Barton County	49.64
3	melvin brown (Fr), SW Christian	52.35
4	Ashton Winchel (Fr), Iowa Central CC	53.33

**Men's 600 Meter Run Finals**

1	Jerry Jones (So), SW Christian	1:20.50
2	Orlando Collins (So), Vincennes	1:20.87
3	Tracy Robinson (Fr), Barton County	1:21.40
4	Chad Monrreal (Fr), Butler County	1:21.63
5	Tavarus Roberts (Fr), Barton County	1:22.26
	Dixley Simms (So), Kansas City KS	DNS
	alfred robinson (Fr), SW Christian	DNF
	Jermaine Myers (So), Cowley College	DQ

**Preliminary Heat 1**

1	Orlando Collins (So), Vincennes	1:21.68
2	alfred robinson (Fr), SW Christian	1:22.06
3	ray miley (Fr), Kingsborough CC	1:22.93
4	Blake Sturtz (Fr), Iowa Central CC	1:35.18

**Men's 400 Meter Dash Finals**

1	Jason Craig (So), Rend Lake	47.90
2	jimmie gordon (So), SW Christian	47.90
3	Bruce Davis (So), Wallace State	48.40
4	Travis Bowman (Fr), Kansas City KS	48.66
5	Frankie Wright (So), Barton County	48.71
6	Derrick Ray (So), Barton County	49.31
7	Bedawi Gomez (Fr), Kansas City KS	49.85
8	William McCaskill (Fr), Butler County	49.91

**Preliminary Heat 1**

1	Joel Pile (So), Kansas City KS	50.25
2	Jamar Moore (So), Wallace State	50.58
3	Martel Mott (So), Cloud County	51.82

**Preliminary Heat 2**

1	Randy Curry (So), Wallace State	49.88
2	Larry Overshown (So), SW Christian	50.68
3	Rodney Burnes (Fr), Mesa	53.06
4	Hector Colon (Fr), Paradise Valley	54.78

**Preliminary Heat 3**

1	Bruce Davis (So), Wallace State	48.24
2	Frankie Wright (So), Barton County	48.43
3	Shannon Waynewood (Fr), Mesa	50.99
4	Travis Vice (So), Danville	51.24

**Preliminary Heat 4**

1	jimmie gordon (So), SW Christian	48.36
2	Laszlo Vandracsek (Fr), Paradise Valley	50.81
3	Carlos Carbajal (Fr), Butler County	50.84

**Preliminary Heat 2**

1	Jerry Jones (So), SW Christian	1:21.81
2	Jared Gillmore (Fr), Barton County	1:24.28
3	Brian Houchin (Fr), Johnson County	1:25.31
4	Casey Diggins (Fr), Vincennes	1:27.81

**Preliminary Heat 3**

1	Tavarus Roberts (Fr), Barton County	1:22.32
2	Alex Jackson (So), Butler County	1:23.15
3	jonahan brown (Fr), SW Christian	1:26.35

**Preliminary Heat 4**

1	Chad Monrreal (Fr), Butler County	1:22.79
2	Tracy Robinson (Fr), Barton County	1:22.86
3	Steven Smith (Fr), Butler County	1:28.24

**Preliminary Heat 5**

1	Jermaine Myers (So), Cowley College	1:22.11
2	Dixley Simms (So), Kansas City KS	1:22.18
3	Mikah Antwine (So), Johnson County	1:24.91

**Men's 800 Meter Run Finals**

1	Simeon Bovell (Fr), Kansas City KS	1:53.65
2	Tony Williams (So), Kansas City KS	1:54.13
3	Eric Alberter (Fr), Rend Lake	1:55.43
4	Sheldon Williams (So), Barton County	1:55.86
5	Carlan Arthur (Fr), Colby CC	1:56.64
6	Matt Henderson (Fr), Coffeyville	1:58.37
7	Seth Pearson (Fr), Danville	1:59.44
8	Julius Times (So), Cowley College	2:01.11
9	Dakota Criqui (Fr), Butler County	2:01.44

**Preliminary Heat 1**

1	Tony Williams (So), Kansas City KS	1:57.79
2	Eric Alberter (Fr), Rend Lake	1:58.65
3	Matt Henderson (Fr), Coffeyville	1:58.92
4	Kurt Hiemann (Fr), Rend Lake	1:59.50
5	Cory Romine (So), Paradise Valley	2:00.09
6	Victor Mendoza (Fr), Paradise Valley	2:02.85
7	Jonathan Ross (So), Paradise Valley	2:12.42

**Preliminary Heat 2**

1	Simeon Bovell (Fr), Kansas City KS	1:55.53
2	Carlan Arthur (Fr), Colby CC	1:57.98
3	Marcus Walton (So), Rend Lake	1:59.16
4	Butrous Lasha (Fr), Iowa Central CC	2:00.67
5	Westlee Brown (Fr), Vincennes	2:01.96
6	Dan Haggerty (So), SUNY Delhi	2:01.98
7	Stuart Sutherland, Oakton CC	2:07.68
	Shane Wiederhold (Fr), Barton County	DNS

**Preliminary Heat 3**

1	Julius Times (So), Cowley College	1:58.31
2	Sheldon Williams (So), Barton County	1:58.39
3	Seth Pearson (Fr), Danville	1:58.74
4	Dakota Criqui (Fr), Butler County	1:58.81
5	Qayyim Wiley (Fr), Wallace State	2:00.07
6	Felipe Longoria (So), Colby CC	2:01.16
7	Charlie Gomez (So), Scottsdale CC	2:03.05

**Men's 1000 Meter Run Finals**

1	Johnny Baez (So), SUNY Delhi	2:30.62
2	Jermaine Myers (So), Cowley College	2:30.86
3	Tyler Penn (Fr), Barton County	2:31.41
4	Allen Rodriguez (So), Glendale CC	2:34.82
5	Evan Cox (Fr), Johnson County	2:36.25
6	Kyle Norris (So), Butler County	2:36.66
7	Tim Clark (So), Rend Lake	2:37.30
8	Bryce Forward (Fr), Butler County	2:37.85
9	Michael Cebula (So), SUNY Delhi	2:43.86

**Preliminary Heat 1**

1	Tyler Penn (Fr), Barton County	2:34.04
2	Evan Cox (Fr), Johnson County	2:34.12
3	Allen Rodriquez (So), Glendale CC	2:34.19
4	Kyle Norris (So), Butler County	2:35.35
5	Tim Clark (So), Rend Lake	2:36.59
6	Curtis Flake (So), Danville	2:38.63
7	Westlee Brown (Fr), Vincennes	3:15.69

**Preliminary Heat 2**

1	Jermaine Myers (So), Cowley College	2:34.42
2	Michael Cebula (So), SUNY Delhi	2:34.50
3	Bryce Forward (Fr), Butler County	2:34.68
4	Johnny Baez (So), SUNY Delhi	2:36.45
5	David Hairston (Fr), Lansing CC	2:36.77
6	Tim Gardner (So), Barton County	2:36.81
7	Alan Kroll (Fr), Johnson County	2:38.65
8	Joseph Meja (Fr), Iowa Central CC	2:39.29

**Men's Mile Run**

1	Bobby Reyes (So), Butler County	4:18.26
2	Daniel Kanyaruhuru (So), Paradise Valley	4:19.63
3	Johnny Baez (So), SUNY Delhi	4:22.36
4	Michael Cebula (So), SUNY Delhi	4:22.96
5	Tim Clark (So), Rend Lake	4:23.27
6	Brian Batliner (So), Johnson County	4:25.46
7	Allen Rodriquez (So), Glendale CC	4:25.58
8	Brett Simon (Fr), Rend Lake	4:26.25
9	Bichok Deng (Fr), Iowa Central CC	4:27.13
10	Andy Forma (So), Erie CC	4:29.66
11	David Hairston (Fr), Lansing CC	4:31.37
12	Kyle Norris (So), Butler County	4:31.86
13	Stephen Baker (Fr), sauk valley	4:43.51
14	Matt Henderson (Fr), Coffeyville	5:03.49
15	Eli Delacruz (So), Queensborough CC	5:18.46

**Men's 3000 Meter Run**

1	Daniel Kanyaruhuru (So), Paradise Valley	8:40.59
2	Andy Forma (So), Erie CC	8:43.12
3	Brett Simon (Fr), Rend Lake	8:44.91
4	Bobby Reyes (So), Butler County	8:47.76
5	Bichok Deng (Fr), Iowa Central CC	8:48.24
6	Jason Cebula (Fr), SUNY Delhi	8:53.67
7	Rey Alvarez (So), Rend Lake	8:56.49
8	Justin Kunz (So), Rend Lake	8:56.76
9	Tim Marshall (So), Cowley College	9:02.55
10	Brian Batliner (So), Johnson County	9:10.17
11	Sean Sullivan (So), Pratt CC	9:12.97
12	Randy La Prairie (Fr), Macomb	9:19.44
13	Matt Gordon (Fr), Butler County	9:28.35
14	Charlie Gomez (So), Scottsdale CC	9:36.66
15	Rocky Reyes (Fr), Queensborough CC	9:57.23

**Men's 5000 Meter Run**

1	Daniel Kanyaruhuru (So), Paradise Valley	15:12.25
2	Rey Alvarez (So), Rend Lake	15:18.66
3	Justin Kunz (So), Rend Lake	15:23.30
4	Wade Martin (So), Wallace State	15:31.31
5	Santos Castro (Fr), Paradise Valley	15:38.59
6	Jeremy Kunz (So), Rend Lake	15:58.08
7	Rich Kettles (Fr), Lansing CC	16:00.12
8	Chris George (So), Butler County	16:11.68
9	Paul Barret (Fr), Johnson County	16:26.40
10	Matt Gordon (Fr), Butler County	16:40.72
11	Jerod Kersey (So), Colby CC	16:49.08
12	Jekow Olieny (Fr), Iowa Central CC	17:58.10

**Men's Distance Medley Relay**

1	BUTLER COUNTY Kyle Norris, Gaten Gary Dakota Criqui, Bobby Reves	10:10.46
2	REND LAKE Brett Simon, Marcus Walton Eric Alberter, Tim Clark	10:17.45
3	SUNY DELHI Johnny Baez, Mike Padula Dan Haggerty, Jason Cebula	10:18.11
4	BARTON COUNTY Tyler Penn, Shane Wiederhold Sheldon Williams, Tim Gardner	10:28.37
5	JOHNSON COUNTY Justin Simonich, Brian Houchin Alan Kroll, Tighe Van Anne	10:29.56
6	PARADISE VALLEY Cory Romine, Hector Colon Jonathan Ross, Victor Mendoza	10:30.08
7	IOWA CENTRAL CC Joseph Meja, Ashton Winchel Butrous Lasha, Bichok Deng	10:33.10
8	QUEENSBOROUGH CC Ousmane Berthe, Andre Toussaint Azi Ayafor, Igor Ilyasov	12:00.19

**Men's 4x800m Relay**

1	BARTON COUNTY Tyler Penn, Sheldon Williams Tim Gardner, Schafer Sherrer	7:52.43
2	REND LAKE Marcus Walton, Eric Alberter Kurt Hiemann, Aaron Walton	7:53.32
3	BUTLER COUNTY Carlos Carbajal, Aaron Gittinger Shane Eslit, Chad Monrreal	7:57.24
4	JOHNSON COUNTY Alan Kroll, Justin Simonich Tighe Van Anne, Evan Cox	7:59.45
5	KANSAS CITY KS Dixley Simms, Tony Williams Joel Pile, Simeon Bovell	8:01.04
6	COWLEY COLLEGE Dearington Lockhart, Austin Hamilton Rvan Stittiams, Julius Times	8:02.89
7	SUNY DELHI Dan Haggerty, Jason Cebula Delroy McEwan, Nick Brundage	8:05.35
8	DANVILLE Travis Vice, Tom Rhoden Curtis Flake, Seth Pearson	8:07.62
9	PARADISE VALLEY Cory Romine, Victor Mendoza Jonathan Ross, Billy Smith	8:08.72
10	IOWA CENTRAL CC Joseph Meja, Nick Shanahan Micah Ruroden, Butrous Lasha	8:09.79
11	COLBY CC Felipe Longoria, Derrick Monson Jerod Kersev, Carlan Arthur	8:31.23
12	QUEENSBOROUGH CC Igor Ilyasov, Azi Ayafor Timothy Simonson, Rocky Reves	8:52.19
	SCOTTSDALE CC	DNS

**Men's 4x400m Relay**

1	SW CHRISTIAN alfred robinson, Jerry Jones Larry Overshown, jimmie gordon	3:15.36
2	BUTLER COUNTY Alex Jackson, Ivory Williams Willie Hordge, William McCaskill	3:15.39
3	BARTON COUNTY Frankie Wright, Tavarus Roberts	3:15.73
4	Tracy Robinson Schafer Sherrer REND LAKE Dante Phillips, Jason Craig Anthony Flournoy, Marcus Walton	3:19.28
5	HINDS CC Floyd Abroms, Jacob Farmer Michael Neal, Anthony Jones	3:21.80
6	KANSAS CITY KS Joel Pile, Travis Bowman Bedawi Gomez, Tim Jelks	3:22.79
7	HUTCHINSON Drew Luty, Johnathan West Armond Smith, Kyle Roberts	3:23.87
8	VINCENNES Aaron Jordan, Westlee Brown Casev Diggins, Orlando Collins	3:24.12
9	GLENDALE CC Chad Dormer, Thomas Kempton James Arollo, Billy Keves	3:24.52
10	MESA David Morrow, Shannon Waynewood Kyle Johnson, Rodney Burnes	3:25.07
11	CLOUD COUNTY Devin Wilson, Martel Mott Terrance Ware, Alex Ingram	3:25.49
12	COLBY CC Rocky Baalman, Carlan Arthur Tyler Sroufe, Evan Kahle	3:26.07
13	IOWA CENTRAL CC Ashton Winchel, Michael Jennings Andy Schueler, Britous Lasha	3:26.96
14	COWLEY COLLEGE Keith Henry, Darrington Lockhart Sam Voegel, Ryan Stittiams	3:28.99
15	QUEENSBOROUGH CC Robert Reid, Andre Toussaint Duiohn Hendricks, Igor Ilvasov	3:38.64
16	BRONX CC Carldon Murray, Marvin Campbell John Xavier, Garrie Edwards	3:41.54
	SUNY DELHI	DNS
	WALLACE STATE	DQ

**Women's Pentathlon**

1	Shaunette Davidson (So), Barton County	3414
2	Becky Brown (So), Mesa	3220
3	Shameka Speed (Fr), Barton County	3068
4	Britney Rogers (So), Paradise Valley	2931
5	Sarah Carlson (So), Cloud County	2822
6	Erica Judd (So), Mesa	2770
7	Nichelle Kimbrough (So), Highland CC	2680
8	Nicole Cochrane (So), Cloud County	2637
9	Kilah Bond (Fr), Butler County	2598
10	Latara Daniels (Fr), Mohawk Valley	2555
11	Tara Stuart (Fr), Johnson County	2455
12	Ashley Weinenger (Fr), Highland CC	2442
13	Lacie Holmberg (So), Johnson County	2411
14	Joy Zumbahlen (So), Colby CC	2242
15	Marissa Thomas (Fr), Colby CC	2050

**Women's 20lb Weight Throw**

1	Michelle Amete (Fr), Mesa	59'04.75" (18.10m)
2	Jasmime Jennings (Fr), CC Rhode Island	55'03.75" (16.86m)
3	Nikole Jackson (So), Barton County	50'10.75" (15.51m)
4	Nicole Sauer (So), CC Rhode Island	48'03.50" (14.72m)
5	Courtney Cason (So), Barton County	46'08.25" (14.23m)
6	Susan King (So), Barton County	46'05.50" (14.16m)
7	Veronica Anderson (Fr), Cowley College	44'08.75" (13.63m)
8	Ryan Frame (Fr), Neosho County CC	44'08.00" (13.61m)
9	Lori Anderson (So), Highland CC	44'02.00" (13.46m)
10	Misty Peterson (Fr), Butler County	41'05.75" (12.64m)
11	Hilleary Wilkins (So), Danville	40'03.50" (12.28m)
12	Alexis Meinke (Fr), Johnson County	39'04.50" (12.00m)
13	Kalyn Wille (Fr), Mohawk Valley	38'11.50" (11.87m)
14	Cassy Hamilton (Fr), Colby CC	36'10.25" (11.23m)
15	Tracy Newton (Fr), Neosho County CC	32'02.75" (9.82m)

**Women's Pole Vault**

1	Erica Culver (Fr), Johnson County	11'08.00" (3.56m)
2	Laura Gjerde (So), Johnson County	11'02.25" (3.41m)
3	Toni Bathurst (So), Johnson County	11'02.25" (3.41m)
4	Carmen Hill (Fr), Paradise Valley	11'02.25" (3.41m)
5	Holly Kirchberger (So), Paradise Valley	10'08.25" (3.26m)
6	Amy Duffin (So), Paradise Valley	10'08.25" (3.26m)
7	Chelsea Blaufuss (So), Hutchinson	10'02.50" (3.11m)
8	Sheena Garcia (So), Hutchinson	09'08.50" (2.96m)
9	Camieau Galligan (Fr), Glendale CC	09'08.50" (2.96m)
10	Lauren Kirsch (Fr), Cowley College	09'02.50" (2.81m)
11	Melanie Royeton (Fr), Cloud County	09'02.50" (2.81m)
12	Tawny Rice (So), Colby CC	08'08.75" (2.66m)
13	Amanda Corrigan (So), Cuyahoga	08'02.75" (2.51m)
	Shaina Frost (Fr), Mesa	
	Heather Jameson (So), Hutchinson	

**Women's Long Jump**

1	Kerry Walker (So), Essex County	19'09.75" (6.04m)
2	Keisha Brown (Fr), Barton County	19'09.00" (6.02m)
3	Michelle Vaughn (So), Essex County	19'07.50" (5.98m)
4	Rockel Mitchell (Fr), Essex County	19'06.75" (5.96m)
5	Portia Nash (So), Barton County	19'05.25" (5.92m)
6	Priscilla Gaines (Fr), Bevill State	19'02.50" (5.85m)
7	Alyssa Smith (Fr), Butler County	19'01.25" (5.82m)
8	Toni Robinson (So), Barton County	18'03.75" (5.58m)
9	Sashoye Wilson (Fr), SUNY Cobleskill	16'09.75" (5.12m)
10	Christina Granville (Fr), Independence	16'08.75" (5.10m)
11	Rashunda Luster (Fr), Bevill State	16'05.75" (5.02m)
12	Emma Collins (Fr), Mohawk Valley	16'04.25" (4.98m)
13	Heather Hayes, Fort Scott	16'03.75" (4.97m)
14	Latara Daniels (Fr), Mohawk Valley	16'00.50" (4.89m)
15	Cassi Williams (So), SUNY Delhi	15'06.00" (4.72m)
	Tara Stuart (Fr), Johnson County	
	Shequita Draper (Fr), Bevill State	

**Women's Shot Put**

1	Michelle Amete (Fr), Mesa	47'09.00" (14.55m)
2	Susan King (So), Barton County	44'09.50" (13.65m)
3	Nikole Jackson (So), Barton County	40'10.25" (12.45m)
4	Cassy Hamilton (Fr), Colby CC	39'09.25" (12.12m)
5	Malerie Merry (Fr), Hutchinson	38'11.50" (11.87m)
6	Jasmime Jennings (Fr), CC Rhode Island	38'06.75" (11.75m)
7	Callie Kearns, Fort Scott	37'09.25" (11.51m)
8	Cherokee Cole (Fr), Bevill State	36'11.75" (11.27m)
9	Misty Peterson (Fr), Butler County	36'11.50" (11.26m)
10	Alex Clinton (Fr), Cloud County	36'04.75" (11.09m)
11	Kalyn Wille (Fr), Mohawk Valley	36'04.25" (11.08m)
12	Veronica Anderson (Fr), Cowley College	36'01.25" (11.00m)
13	Hilleary Wilkins (So), Danville	34'08.50" (10.58m)
14	Ryan Frame (Fr), Neosho County CC	31'07.25" (9.63m)
	Courtney Cason (So), Barton County	

**Women's High Jump**

1	Michelle Williamson (So), Essex County	5'10.00" (1.78m)
2	Portia Nash (So), Barton County	5'07.75" (1.72m)
3	Nikki Polk (Fr), Butler County	5'05.75" (1.67m)
4	Shaunette Davidson (So), Barton County	5'05.75" (1.67m)
4	keneisha creary (Fr), SW Christian	5'05.75" (1.67m)
6	Britney Rogers (So), Paradise Valley	5'05.75" (1.67m)
7	Rashunda Luster (Fr), Bevill State	5'01.75" (1.57m)
7	Kim Crossland (Fr), Colby CC	5'01.75" (1.57m)
9	Shameka Speed (Fr), Barton County	4'11.75" (1.52m)
9	Cherice Swopes (Fr), Kansas City KS	4'11.75" (1.52m)
11	Valerie Brown (Fr), Bevill State	4'11.75" (1.52m)
11	Christina Granville (Fr), Independence	4'11.75" (1.52m)
	Lacie Holmberg (So), Johnson County	
	Renee Lee (Fr), Hutchinson	
	Nicholas Sherilyn (Fr), CC Rhode Island	
	Amanda Chaney, Fort Scott	

**Women's Triple Jump**

1	Michelle Vaughn (So), Essex County	42'11.75" (13.10m)
2	Portia Nash (So), Barton County	38'10.25" (11.84m)
3	keneisha creary (Fr), SW Christian	37'11.50" (11.57m)
4	Priscilla Gaines (Fr), Bevill State	37'06.00" (11.43m)
5	Sashoye Wilson (Fr), SUNY Cobleskill	36'11.75" (11.27m)
6	Alyssa Smith (Fr), Butler County	36'08.25" (11.18m)
7	Angela Armstrong (So), Bevill State	36'03.50" (11.06m)
8	Latara Daniels (Fr), Mohawk Valley	35'10.00" (10.92m)
9	Heather Hayes, Fort Scott	35'08.00" (10.87m)
10	Tadonne Neal (So), Barton County	35'05.75" (10.81m)
11	Nicole Cochrane (So), Cloud County	34'01.25" (10.39m)
12	Emma Collins (Fr), Mohawk Valley	33'10.25" (10.32m)
13	Kelle Lederman (Fr), Glendale CC Tara Stuart (Fr), Johnson County	33'09.25" (10.29m)

**Women's 60 Meter Dash Finals**

1	Simone Facey (Fr), Barton County	7.32
2	Kerron Stewart (So), Essex County	7.59
3	Stephanie Adams (So), Kansas City KS	7.64
4	Alana White (Fr), Bevill State	7.67
5	LaShawn Vaughns (Fr), Independence	7.76
6	Ashley Cousin (Fr), Bevill State	7.80
7	Vanessa Clarida (Fr), Cloud County	7.82
8	Kashain Page (Fr), New Mexico JC	7.84

**Preliminary Heat 1**

1	Kerron Stewart (So), Essex County	7.55
2	Kashain Page (Fr), New Mexico JC	7.71
3	LaShawn Vaughns (Fr), Independence	7.78
4	Shameka Speed (Fr), Barton County	7.87
5	Ashley Parson (Fr), Bevill State	7.91
6	Emma Collins (Fr), Mohawk Valley	8.22

**Preliminary Heat 2**

1	Alana White (Fr), Bevill State	7.68
2	Vanessa Clarida (Fr), Cloud County	7.76
3	Nichelle Curtis (Fr), Vincennes	7.90
4	Miriam Chisala (Fr), Iowa Central CC	7.98
5	shonda Brinson (Fr), Queensborough CC	8.37
	Keisha Brown (Fr), Barton County	FS

**Preliminary Heat 3**

1	Simone Facey (Fr), Barton County	7.43
2	Stephanie Adams (So), Kansas City KS	7.58
3	Ashley Cousin (Fr), Bevill State	7.63
4	Katrina Carter (Fr), Cloud County	7.79
5	Travonia Clay (Fr), Lansing CC	8.00
	Alyssa Smith (Fr), Butler County	FS

**Women's 60 Meter Hurdles Finals**

1	Keisha Brown (Fr), Barton County	8.56
2	Tresha Henry (So), Essex County	8.65
3	TracyAnn Rowe (Fr), Barton County	8.82
4	Perry Brown (So), SUNY Delhi	8.88
5	Kashain Page (Fr), New Mexico JC	8.92
6	Shaunette Davidson (So), Barton County	8.98
7	Davene Findlay (So), SW Christian	9.04
8	Becky Brown (So), Mesa	9.21

**Preliminary Heat 1**

1	Keisha Brown (Fr), Barton County	8.64
2	Tresha Henry (So), Essex County	8.71
3	Shaunette Davidson (So), Barton County	8.86
4	Becky Brown (So), Mesa	9.30
5	Daphne Anderson (So), Bevill State	9.61
6	Holly Hardy (Fr), Wallace State	9.64

**Preliminary Heat 2**

1	TracyAnn Rowe (Fr), Barton County	8.87
2	Perry Brown (So), SUNY Delhi	8.92
3	Davene Findlay (So), SW Christian	8.97
4	Kashain Page (Fr), New Mexico JC	9.14
5	Jenna Balsick (Fr), Butler County	9.78
	Erricka Feazell (Fr), Kansas City KS	FS

**Preliminary Heat 4**

1	Simone Facey (Fr), Barton County	24.25
2	Sophia Jackson (So), Barton County	25.28
3	Shequita Draper (Fr), Bevill State	26.20
4	Nichelle Curtis (Fr), Vincennes	26.66

**Preliminary Heat 5**

1	Tresha Henry (So), Essex County	24.65
2	Desiree Moorner (So), Kansas City KS	25.77
3	Ashley Cousin (Fr), Bevill State	26.98
4	shonda Brinson (Fr), Queensborough CC	28.87

**Women's 200 Meter Dash Finals**

1	Simone Facey (Fr), Barton County	23.80
2	Kerron Stewart (So), Essex County	24.17
3	TracyAnn Rowe (Fr), Barton County	24.55
4	Tresha Henry (So), Essex County	24.90
5	Sophia Jackson (So), Barton County	25.10
6	Latoya Shippy (Fr), Kansas City KS	25.50
7	Vanessa Clarida (Fr), Cloud County	25.56
8	Trish Bartholomew (Fr), Essex County	25.78

**Women's 400 Meter Dash Finals**

1	Juanita Broaddus (So), Barton County	55.34
2	Clora Williams (So), Essex County	55.82
3	Whitney Charles (Fr), Kansas City KS	55.97
4	Trish Bartholomew (Fr), Essex County	56.05
5	Sophia Jackson (So), Barton County	56.90
6	Veronia Patterson (So), Barton County	57.06
7	Vanessa Clarida (Fr), Cloud County	57.64
8	Krystal Troutman (So), Kansas City KS	58.77

**Preliminary Heat 1**

1	TracyAnn Rowe (Fr), Barton County	24.60
2	Latoya Shippy (Fr), Kansas City KS	25.47
3	Stephanie Adams (So), Kansas City KS	25.93
4	Sasha Stanford (So), Queensborough CC	28.65

**Preliminary Heat 1**

1	Clora Williams (So), Essex County	57.34
2	Courtney Schooley (So), Mesa	1:00.31
3	Kim Miller (Fr), Bevill State	1:01.70
4	Stacy Mohammed (So), Queensborough CC	1:03.52

**Preliminary Heat 2**

1	Kerron Stewart (So), Essex County	24.45
2	Priscilla Gaines (Fr), Bevill State	25.92
3	Kashain Page (Fr), New Mexico JC	26.52
	Perry Brown (So), SUNY Delhi	FS

**Preliminary Heat 2**

1	Whitney Charles (Fr), Kansas City KS	57.00
2	Trish Bartholomew (Fr), Essex County	57.21
3	Veronia Patterson (So), Barton County	57.32
4	Miriam Chisala (Fr), Iowa Central CC	1:00.95

**Preliminary Heat 3**

1	Vanessa Clarida (Fr), Cloud County	25.03
2	Trish Bartholomew (Fr), Essex County	25.14
3	LaShawn Vaughns (Fr), Independence	25.93
4	Jenna McAnally (Fr), Iowa Central CC	30.53

**Preliminary Heat 3**

1	Juanita Broaddus (So), Barton County	57.07
2	Sophia Jackson (So), Barton County	58.17
3	Me' Shell Jolley (Fr), Vincennes	1:00.45
4	Perisha Hinton (Fr), Paradise Valley	1:01.22

**Preliminary Heat 4**

1	Krystal Troutman (So), Kansas City KS	58.51
2	Vanessa Clarida (Fr), Cloud County	59.45
	Ranisha Knowles (Fr), Hutchinson	DQ

**Women's 600 Meter Run Finals**

1	Latosha Wallace (So), Barton County	1:33.34
2	Patricia Mayers (Fr), Cloud County	1:33.41
3	Latoria Howard (So), Barton County	1:36.52
4	Miriam Barnes (So), Barton County	1:37.37
5	Trishana McGowan (Fr), Kansas City KS	1:40.28
6	Nikki Wright (Fr), Johnson County	1:41.51
7	La-Nation McCray (Fr), Cowley College	1:45.93
8	Haley Jackson (Fr), Johnson County	1:47.43

**Preliminary Heat 1**

1	Latosha Wallace (So), Barton County	1:32.61
2	Miriam Barnes (So), Barton County	1:36.53
3	Nikki Wright (Fr), Johnson County	1:46.31
	Laura Hostetler (Fr), Vincennes	FS

**Preliminary Heat 2**

1	Patricia Mayers (Fr), Cloud County	1:36.67
2	Haley Jackson (Fr), Johnson County	1:46.47
3	Rashunda Luster (Fr), Beville State	1:46.59
4	Ashley Fritsch (So), Cuyahoga	1:47.18

**Preliminary Heat 3**

1	Trishana McGowan (Fr), Kansas City KS	1:39.31
2	La-Nation McCray (Fr), Cowley College	1:46.08
3	Jasmina Pandur (Fr), Iowa Central CC	1:53.81
4	Kianca Dupree (Fr), Beville State	1:58.53

**Preliminary Heat 4**

1	Latoria Howard (So), Barton County	1:36.98
2	Nicholas Sherilyn (Fr), CC Rhode Island	1:51.18
3	Nikki Centofonti (So), Hagerstown	1:54.18
4	Lydia Ruiz (So), Beville State	1:54.20

**Women's 800 Meter Run Finals**

1	Miriam Barnes (So), Barton County	2:17.64
2	Latosha Wallace (So), Barton County	2:18.74
3	Patricia Mayers (Fr), Cloud County	2:18.83
4	Sara Galasky (So), Scottsdale CC	2:23.37
5	Thelma Reeves (Fr), Independence	2:24.22
6	Nicole Cubero (So), SUNY Delhi	2:25.15
7	Valerie Brown (Fr), Beville State	2:26.94
8	Brittany Kershner (So), Hagerstown	2:27.31
9	Ashley Davin (Fr), Butler County	2:30.86

**Preliminary Heat 1**

1	Latosha Wallace (So), Barton County	2:22.40
2	Valerie Brown (Fr), Beville State	2:26.69
3	Sara Galasky (So), Scottsdale CC	2:26.94
4	Brittany Kershner (So), Hagerstown	2:28.41
5	Ashley Davin (Fr), Butler County	2:29.44

**Preliminary Heat 2**

1	Patricia Mayers (Fr), Cloud County	2:18.21
2	Miriam Barnes (So), Barton County	2:18.32
3	Thelma Reeves (Fr), Independence	2:26.64
4	Nicole Cubero (So), SUNY Delhi	2:31.07
5	Marni Olson (Fr), Iowa Central CC	2:33.70
6	Natalie Bell (So), Danville	2:39.96

**Women's 1000 Meter Run Finals**

1	Lorain McKenzie (Fr), Essex County	2:57.49
2	Latoria Howard (So), Barton County	2:58.55
3	Kellyn Johnson (Fr), Cloud County	3:02.95
4	Sereena Harmon (So), Paradise Valley	3:06.19
5	Esther Mathias (Fr), Johnson County	3:08.43
6	Liz Rea (Fr), Butler County	3:12.12
7	Megan Dever (Fr), Mohawk Valley	3:16.05
8	Morgan Hendricks (Fr), Iowa Central CC	3:19.33
9	Rychel Johnson (So), Johnson County	3:20.97

**Preliminary Heat 1**

1	Sereena Harmon (So), Paradise Valley	3:03.69
2	Esther Mathias (Fr), Johnson County	3:07.31
3	Kellyn Johnson (Fr), Cloud County	3:10.98
4	Liz Rea (Fr), Butler County	3:13.05
5	Morgan Hendricks (Fr), Iowa Central CC	3:18.96
6	Rychel Johnson (So), Johnson County	3:19.66
7	Dominique Martin (So), Garden City	3:25.50

**Preliminary Heat 2**

1	Lorain McKenzie (Fr), Essex County	3:07.63
2	Latoria Howard (So), Barton County	3:11.85
3	Megan Dever (Fr), Mohawk Valley	3:15.68
4	Jesse Lord-Wilder (Fr), Lansing CC	3:20.28
5	Glenda Branch (So), Hutchinson	3:22.47
6	Sheena Johnson (So), Queensborough CC	3:41.86

**Women's Mile Run**

1	Diane Nukuri (Fr), Butler County	5:03.68
2	Kellyn Johnson (Fr), Cloud County	5:07.23
3	Lorain McKenzie (Fr), Essex County	5:08.80
4	Kara Wastler (Fr), Hagerstown	5:14.36
5	Sereena Harmon (So), Paradise Valley	5:15.10
6	Sara Galasky (So), Scottsdale CC	5:22.31
7	Chrysten Baca (Fr), Paradise Valley	5:22.51
8	Cassie Blankenship (So), Johnson County	5:25.31
9	Jolene Mick (So), Cloud County	5:26.69
10	Sarah Stark (Fr), Johnson County	5:29.66
11	Megan Swick (Fr), Lansing CC	5:30.80
12	Annie Mosier (Fr), Butler County	5:33.19
13	Nicole Porter (So), Johnson County	5:35.21
14	Roxanne Soesbe (Fr), Iowa Central CC	5:44.32
15	Maggie Kimani (Fr), Butler County	5:45.75
	Jessica Stephan (So), Lansing CC	DNS

**Women's 3000 Meter Run**

1	Diane Nukuri (Fr), Butler County	10:16.62
2	Megan Swick (Fr), Lansing CC	10:25.74
3	Kellyn Johnson (Fr), Cloud County	10:25.91
4	Chrysten Baca (Fr), Paradise Valley	10:27.69
5	Sarah Stark (Fr), Johnson County	10:29.31
6	Jolene Mick (So), Cloud County	10:33.53
7	Cassie Blankenship (So), Johnson County	10:52.91
8	Angela Petersen (Fr), Paradise Valley	10:56.96
9	Maggie Kimani (Fr), Butler County	11:01.39
10	Annie Mosier (Fr), Butler County	11:04.56
11	Jessica Stephan (So), Lansing CC	11:07.58
12	Shay Hyland (So), Danville	11:18.96
13	Saundra Barbosa (Fr), CC Rhode Island	11:23.03
14	Brittany Strite (Fr), Hagerstown	11:24.98
15	Stephanie Willard (So), Paradise Valley	11:25.19
16	Nicole Porter (So), Johnson County	11:43.27
17	Lydia Gawtry (Fr), Iowa Central CC	12:02.54
18	Jessica Baldino, Oakton CC	12:03.46

**Women's 5000 Meter Run**

1	Diane Nukuri (Fr), Butler County	17:44.54
2	Jolene Mick (So), Cloud County	17:50.82
3	Cassie Blankenship (So), Johnson County	18:55.76
4	Angela Petersen (Fr), Paradise Valley	18:59.22
5	Stephanie Willard (So), Paradise Valley	19:02.79
6	Nicole Porter (So), Johnson County	19:04.30
7	Maggie Kimani (Fr), Butler County	19:04.53
8	Shay Hyland (So), Danville	19:29.33
9	Christa Baird (Fr), Butler County	19:54.38
10	Andrea Fiorino (So), Danville	20:32.95
11	Emily Boyd (Fr), Iowa Central CC	21:32.73

**Women's Distance Medley Relay**

1	HUTCHINSON Misty Reed, Lindsey Mathias Chelsea Blaufuss, Glenda Branch	12:41.69
2	JOHNSON COUNTY Esther Mathias, Kasheena Riley Rvchel Johnson, Sarah Stark	12:43.79
3	LANSING CC Jesse Lord-Wilder, Travonia Clay Jenna Kuehnlein, Megan Swick	12:52.96
4	BUTLER COUNTY Liz Rea, Ashley Davin Diana Cahoone, Annie Mosier	13:04.08
5	HAGERSTOWN Kara Wastler, Nikki Centofonti Brittany Kershner, Brittany Strite	13:06.74
6	SUNY DELHI Nicole Cubero, Perry Brown Melissa Healev, Cassi Williams	13:22.86
7	IOWA CENTRAL CC Morgan Hendricks, Sara Lynch Marni Olson, Roxanne Soesbe	13:28.65
8	GLENDALE CC Kim Kerch, Summer Lacey Kelle Lederman, Kim Field	13:33.92
9	CLOUD COUNTY Emily Goetz, Nicole Cochrane Sarah Carlson, Shastel Height	13:50.68
10	DANVILLE Natalie Bell, Jaya Nelson Nicholle Bendickson, Alicia Fiorino	14:08.83

**Women's 4x800m Relay**

1	JOHNSON COUNTY Cassie Blankenship, Rychel Johnson Sarah Stark, Esther Mathias	9:49.21
2	HUTCHINSON Chelsea Blaufuss, Glenda Branch Kavla Pringle, Mistv Reed	9:49.30
3	CLOUD COUNTY Sarah Carlson, Jolene Mick Emily Goetz, Shastel Height	10:02.06
4	PARADISE VALLEY Angela Petersen, Stephanie Willard Larissa Bratt, Perisha Hinton	10:11.00
5	BUTLER COUNTY Ashley Davin, Kilah Bond Liz Rea, Shannan Herzet	10:19.65
6	IOWA CENTRAL CC Morgan Hendricks, Lydia Gawtry Jasmina Pandur, Marni Olson	10:39.27

**Women's 4x400m Relay**

1	BARTON COUNTY Sophia Jackson, Miriam Barnes Veronia Patterson, Latosha Wallace	3:49.62
2	KANSAS CITY KS Desiree Mooror, Krystal Troutman	3:57.23
3	CLOUD COUNTY Trishana McGowan, Whitney Charles Patricia Mayers, Vanessa Clarida	3:59.92
4	INDEPENDENCE Katrina Carter, Kellvn Johnson Christina Granville, LaKeitha Green	4:04.66
5	VINCENNES Thelma Reeves, LaShawn Vaughns Laura Hostetler, Nichelle Curtis	4:05.15
6	SW CHRISTIAN Danielle Logan, Me' Shell Jolley Crystal Jackson, tisha hindz	4:05.74
7	HUTCHINSON angelica reed, Kenisha Joseph Lindsey Mathias, Chelsea Blaufuss	4:06.55
8	SUNY DELHI Raeoen Fwv, Ranisha Knowles Cassi Williams, Perry Brown	4:10.39
9	JOHNSON COUNTY Melissa Healev, Nicole Cubero Kasheena Riley, Toni Bathurst	4:11.06
10	COWLEY COLLEGE Halev Jackson, Nikki Wright Emily Hunsberger, LeShea Jenkins	4:16.75
11	COFFEYVILLE Lauren Kirsch, La-Nation McCray Safiya McPherson, Andrea White	4:21.22
12	QUEENSBOROUGH CC Michelle Woolsev, Ananda Hill Stacy Mohammed, Sasha Stanford	4:26.42
	MESA shonda Brinson, Sheena Johnson	DNS
	BEVILL STATE	DQ
	Centuria Olds, Shequita Draper Yeronda Hammonds, Priscilla Gaines	
	IOWA CENTRAL CC Courtney Nelson, Marni Olson	DQ
	Jasmina Pandur, Miriam Chisala	